

Prune or Perish:

Uprooting Toxic Leadership to Grow a Thriving Culture

If you want a truly human-centered workplace, you can't ignore one of the most destructive threats to your culture: toxic bosses pretending to be leaders. Chances are, you've worked for - or around - one. Research shows 75% of employees have experienced a toxic workplace, and 57% have left a job because of a destructive leader. Like rot hidden beneath the bark, toxic bosses often start invisible, but their influence spreads through the roots, weakening the whole tree. Morale suffers, psychological safety shrinks, and talent starts to wither.



[Book Dr. Laura](#)

In this bold, research-backed keynote, Dr. Laura teaches you how to spot toxic leadership before it's too late. She reveals the real warning signs - not just the obvious symptoms - and shows practical ways to start tough conversations, set boundaries, and prune the damage without taking down the whole tree. Attendees will leave equipped to protect their teams, restore a healthy culture, and grow workplaces where people and performance can truly flourish.

What Your Audience Will Gain

- 1** Master Dr. Laura's top 5 early warning signs to spot toxic leadership *before* it takes root, from the hiring stage through to the promotion process.
- 2** Discover Dr. Laura's 8 real-world, toxic leader "personas" and how they lurk in your organization - from the self-serving egomaniac to the gaslighter.
- 3** Understand how toxic leadership quietly rewires your culture, erodes psychological safety, and drives costly turnover - and how to take immediate action *right now* to stop it.
- 4** Receive a practical, high-impact playbook for addressing toxicity through the 3 Cs: care, curiosity, and courage (including what to do, what to avoid altogether - and how to begin rebuilding trust).

Dr. Laura Hambley Lovett

Dr. Laura Hambley Lovett is an Organizational Psychologist, Keynote Speaker, Author, and Host of the acclaimed podcast *Where Work Meets Life™*. With 25 years of experience, she is a leading voice in workplace psychology, culture, toxic leadership, and career development.

Dr. Laura has founded several psychology and consulting practices, including Canada Career Counselling in 2009, where registered psychologists help 1000's navigate their career and workplace challenges, and support organizations to develop thriving leaders and cultures. She holds a Ph.D. in Industrial/Organizational Psychology from the University of Calgary, where she is currently an Adjunct Professor. Dr. Laura received a Canadian Women of Inspiration Award as a Global Influencer in 2018.

500+

Organizations Served

From Fortune 500 companies to growing startups

25

Years of Experience

Proven expertise in leadership and change management

50K+

Leaders Inspired

Professionals transformed through her keynotes

98%

Client Satisfaction

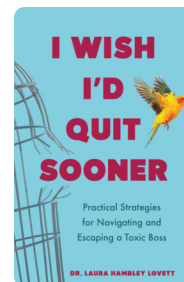
Consistently exceeding expectations

Upcoming Publications

[**I Wish I'd Quit Sooner: Practical Strategies for Navigating a Toxic Boss**](#) releases January 13, 2026. This book offers insights and practical strategies for addressing the damaging effects of toxic leadership.

Ready to Book Laura?

Laura is currently accepting bookings for keynotes, leadership workshops, coaching and consulting engagements. Let's work together to create an experience tailored to your audience's specific needs and challenges.



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